

Programs

StrongStart - In Person

Monday to Friday - various locations

A free, early learning program for children (ages 0-5 years) accompanied by a parent or caregiver. StrongStart offers preschool-aged children, quality early learning experiences and offers play opportunities while demonstrating to parents and caregivers how they can enhance their child's development. Covid-19 procedures in place. For registration visit: <https://www.eventbrite.ca/d/canada--abbotsford/strongstart/>

Learn Laugh and Play - In Person

Wednesday, Thursday, Friday

Afternoon hours:

12:15-2:15

Three Locations:

Wednesday - Jackson Elementary School

Thursdays - Abbotsford Early Years Centre

Friday - Dave Kandal Elementary School

Pre-registration is required by email

to register for all 3 location email

abbyearlyyears@gmail.com

If you have any questions email us or call

778-880-8554



To Do in the Community

Abby Dads in Panjabi - Virtual

Chai Time - Tuesdays 6:00pm - 7:30pm

Anger Awareness/Men in Relationships

Thursdays 6:00pm-8:00pm.

Contact Information:

Nam Aujla - 778-878-0397/nam.aujla@archway.ca

Sukh Pooni - sukh.pooni@archway.ca

Best for Babies - Virtual with Registration

Prenatal support to help improve the health of expectant parents, their partners, and their babies, up to six months postpartum

Contact information: 604-859-7681, ext 288

Family Centre - Virtual Drop-in

Facebook Live community drop-in programs are Monday and Tuesday mornings from 10 – 11 am,

I Got You Babe is Thursdays from 10 – 11 am,

Community drop-in via Teams is Wednesdays from 10 – 11 am

Contact information – 604-859-7681, ext 229, for further information or to sign up.

Little Bears Pre-school - In Person

Tuesdays 8:30 -10:30

Indigenous-focused pre-school program at Godson Elementary (Large gym - doors facing the playground)

Contact for Information for registration details:

Jayne Yarema - jayne.yarema@abbyschools.ca/

Elder Tina - tina.lakey@abbyschools.ca

Reading Buddies - Virtual Program

Mondays and Thursdays

This program is geared to build love of reading for children in grades 1- 4. They are paired with a high school student or an adult and meet once a week.

Contact for registration details:

literacymattersabbotsford.com or visit Clearbrook or Abbotsford Library for a copy of the registration form and more information

What's New

Saturday Family Fun & Story Time

EVERY SATURDAY

Crafts, Stories, Rhymes and Songs! Quality time with your children (0 to 6 years old) in a safe and fun environment. Every Saturday 2 sessions from **10:00am to 11:30am.** and **12:00 pm to 1:30 pm.**

To register contact Abbotsford Early Years at: **abbyearlyyears@gmail.com** or at **778-880-8554**



Abbotsford Early Years Centre

Sweeney Neighbourhood Centre

33355 Beven Ave.

Ph. 778.880.8554

www.abbyearlyyears.com

Tasty Treats

France - Pain au Chocolat



- 7 oz (200g) milk or semi-sweet chocolate
- 28 oz (800g) puff pastry (you need 2 sheets)
- 1-2 tablespoons melted butter
- 1 egg
- 1 tablespoon water

Preheat oven to 400°F (200°C). Pre-rolled puff pastry, that you get at the store, is usually rolled out very thinly, so a double pastry for this recipe, to mimic a bit of a thicker dough for pain au chocolat will work better.

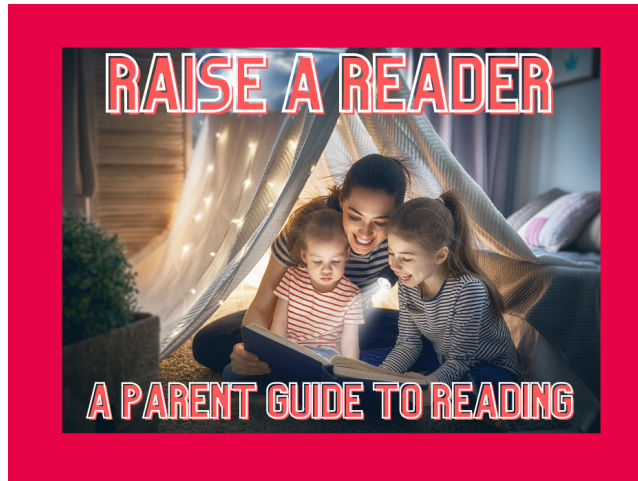
Place one sheet of pastry on your working surface (lined with parchment), brush it with melted butter, then place another sheet of puff pastry directly over it. Trim the sides if there's any weird overlap, to create a nice, sharp rectangle

Cut your rectangle vertically into thin strips, so you get smaller rectangles, about 2,5 x 9 inches (6 x 23 cm) large. Place a few pieces of chocolate on one end of each strip (to create a log that spreads from side to side) and roll the dough up, just to cover the chocolate. Add another log of chocolate and finish rolling the dough all the way up.

Whisk egg in a small bowl with 1 tablespoon of water. Lightly brush each croissant with the egg and sprinkle with flaked almonds (optional). Bake croissants in the middle of the oven for 15-20 minutes, until they are puffy and golden brown on top.

Adult/Child Development

Raise a Reader

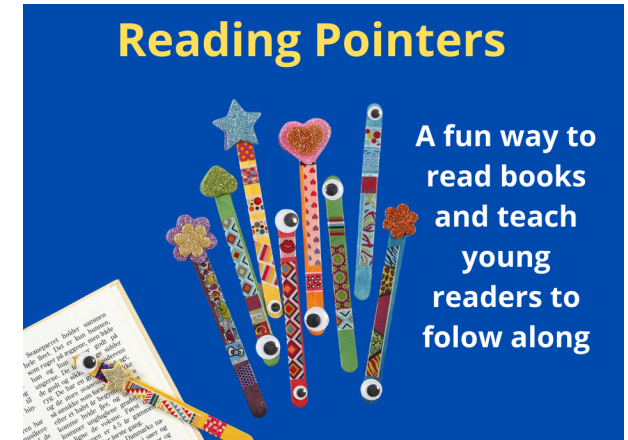


When we reflect on our early childhood and reading it can bring up memories of snuggling up with someone we love and listening to a story. It can also bring up feelings of safety and security. These experiences create strong Parent-Child bonds and a sense of well-being and safety. They also promote healthy brain growth, including positive emotional and social development



Crafty Corner

Connecting Literacy with Play



Making a very simple craft and then use it to read books will open a new door to your young readers and will give them a fun tool to point to pictures and words.

Children will have fun learning their alphabet letters with this fun interactive craft. This activity not only helps with letter recognition for your toddlers and preschoolers, but it also strengthens fine motor skills and coordination,

Have fun learning the alphabet

