

Programs

StrongStart centres in Abbotsford School District

A free, early learning program for children (ages 0-5 years) accompanied by a parent or caregiver. StrongStart offers preschool aged children, quality early learning experiences and offers play opportunities, while demonstrating to parents and caregivers how they can enhance their child's development. Covid-19 procedures in place. For registration visit: <https://www.eventbrite.ca/d/canada--abbotsford/strongstart/>

Learn, Laugh and Play

Our program looks a little different this year, but still offers all the same fun and learning opportunities for you and your child.

Afternoon hours:

12:15-2:15

Three Locations:

Wednesday - Jackson Elementary School
Thursdays - Abbotsford Early Years Centre
Friday - Dave Kandal Elementary School

Pre-registration is required by email

- abbyearlyyears@gmail.com to register for Wednesday and Thursday
- davekandal@abbyschools.ca to register for Friday




To Do in the Community

Child Care Resource and Referral Abbotsford

Child Care Resource and Referral is offering online workshops! You will need a laptop, computer, or smart phone with access to internet, video and audio. You will be required to keep your video on for the duration of the workshop. To register for a workshop please call CCRR Abbotsford office at 604-850-7934

**ABBOTSFORD CHILD CARE
RESOURCE & REFERRAL PROGRAM**



TRAINING CALENDAR
January - March 2021

- Alert Emergency Child Care First Aid
- Yoga and Mindfulness for Self-Regulation
- Moving Beyond "Tolerance and Inclusion" to "Anti-Biased and Anti-Racist" approaches in early years
- ABC's of Childhood Mental Health
- Precipitation Education: Practical Ideas for Embracing the Rain with Children
- Take It Outside: Integrated Literacy and Nature (Adapted Online Version)
- Indigenous World View in Early Childhood Settings
- Signs and Gestures for Child Care
- 20 Hour Responsible Adult Course
- Emergency Child Care First Aid
- Connections in Nature for All Children
- Emotional Development and Regulation
- Alert Emergency Childcare First Aid
- Nurturing the Natural Roots of Self-Esteem





Abbotsford Early Years Centre

Sweeney Neighbourhood Centre
33355 Beven Ave.
Ph. 778.880.8554
www.abbyearlyyears.com

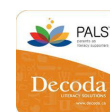
What's New



Pre-Natal Virtual Mother Goose

Start day January 12th, 2021

A virtual Mother Goose experience for expectant parents that allows them to communicate and bond with their new family member!

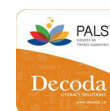


Immigrant PALS

(Parents as Literacy Supporters)

Start day January 1th, 2021

Permanent resident Immigrant families with English as a second language who have children born in 2016 and 2017 are welcome to join us for 8 sessions of fun and learning. Parents/caregivers will learn how to help their children get ready for school and will have time to work together with them in fun, supportive ways during the sessions.



Virtual Immigrant PALS

(Parents as Literacy Supporters)

Start day TBD

Permanent resident Immigrant families with English as a second language who have children born in 2016 and 2017 are welcome to join us for fun and learning. Parents/caregivers will learn from home how to help their children get ready for school.



Saturday Family Fun and Story Time

Start day January 16th, 2021

Crafts, Stories, Rhymes and Songs! Quality time with your children (0 to 5 years old) in a safe and fun environment. Every Saturday from 10:00 am to 11:30am. To register contact us at: abbyearlyyears@gmail.ca or at 778-880-8554

Tasty Treats

Thiland - Dried bananas

Have you ever wondered what parents in Thailand, France, Spain, Brazil, or Costa Rica feed their kids for snack? This year for our Tasty Tuesday we will show you some kid-friendly healthy snacks from around the world.



Ingredients

- Ripe bananas (not too mushy or they won't stay on your drying racks)
- Drying racks (cooling racks for baked goods are what can be used or pizza pan with holes)
- Baking sheets

Instructions

- Peel bananas then cut bananas in circles or if you prefer lengthwise, then cut each length into two lengths.
- Place pieces in single layer without touching onto drying racks with sheet pan underneath.
- Set oven to lowest temperature (170 degrees F) and place banana-filled racks inside. If your oven has a fan turn it on if not crack a bit your oven door to ensure good air circulation.
- Allow bananas to bake for 6-12 hours. Check on them every couple of hours, turning them halfway. You may also use a quick spray of non-stick cooking spray on the racks before placing bananas on them.
- Allow to cool completely before eating.

Adult/Child Development

How Children learn to solve problems



We encounter problems daily at work or at home. It is second nature to us to resolve these issues and move forward. Helping kids learn how to identify their options to resolve a problem can help them gain confidence in making healthy decisions for themselves. If a child can solve problems on their own, they will be happier, more confident, and independent. Teaching children problem solving skills from an early age is an important part of Child Development. Visit our website to read more about this topic at :

<https://www.abbyearlyyears.com/parent-support/how-children-learn-solve-problems>



Crafty Corner

Five Little Snowmen



Hands-on crafts and story times are great ways to keep your kids engaged and have some learning fun, too. This easy snowman craft & song for winter fun is an awesome way to add art, music, reading, and basic math to your family learning fun.



5 little snowmen, sitting on the ground
The 1st one said "I am looking all around"
The 2nd one said "There are snowflakes in the air"
The 3rd one said "But we don't care"
The 4th one said "Let's ring and ring and ring"
The 5th one said "I am ready to sing"
Oooo-ooooh when the wind and out went the lights
And the 5 little snowmen went out of sight.