## Tasty Treats



#### **Ingredients:**

(All ingredients can be purchased sugar free) Chocolate pudding Gummy Worms Oreo Cookies

#### Instructions:

1.Ask your child to crush the Oreo cookies into a bowl using their hands.

2.Ask your child to pull apart the gummy worms into pieces and put them into the bowl 3.Have your child pour the chocolate pudding into the bowl and mix everything around with a large spoon.



# Adult/Child Development

Want your child to stay calm and cooperate? A set schedule could be your secret weapon. Here's why toddlers love routines!



Your child feels confident and secure. They learn that events can happen in an organized way. By creating routines that are predictable but flexible allows the child to feel comfortable and equipped with the skills they need for their future!



# Crafty Corner



#### Materials:

Leaves, paper, toilet paper roll, brown marker, liquid glue, brush, scissor.

#### Instructions:

1. Take your little one on a nature walk and pick some fallen leaves.

2. Spread them out and let them dry for a bit, not too dry as they will start crumbling.

3. Prepare your glue and brush and cut the paper roll in half.

4. Ask your child to colour with brown markers the two pieces of the roll.

5. Using the brush let your child glue the trunk pieces on a piece of paper to form the trunk of the tree and decorate the tree with the leaves to form the branches.





# Programs

### How to register for StrongStart session! Easy as 1-2-3

#### • How

1. Go to www.eventbrite.ca

2. Create a profile if you haven't done so.

3. Type in <u>Search for events</u> the words "StrongStart"

4. Choose the centre you wish to register for.5. Register both you and your child.

#### • When

Registration will open at 8am the previous school day.

• Who

Children 0-5 with ONE parent/caregiver. Sessions are limited to 12 participants. Masks are required to be worn by all adults in all public areas of schools.

#### • What

Due to health regulations no outside food or drink is to be brought to StrongStart and snack will not be served.





# To Do in the

### Community, StrongStart centres in Abbotsford School District

Alexander Elementary, 2250 Lobban Rd. Blue Jay Elementary, 30995 Southern Dr. **Clearbrook Elementary**, 3614 Clearbrook Rd. **Dormick Park Elementary**, 32161 Dormick Ave. Dr. T.A. Swift Elementary, 34800 Mierau Ave. Godson Elementary, 33130 Bevan Rd. Harry Sayers Elementary, 31321 Blueridge Dr. Jackson Elementary, 33165 King Rd. John Maclure Elementary, 2990 Oriole Cres. Margaret Stenersen Elementary, 3060 Old Clayburn Rd. Sweeney Neighbourhood Centre, 33355 Bevan Ave (behind Abby, Senior). Ten-Broeck Elementary, 2580 Stanley St.

**Terry Fox Elementary,** 3071 Babich St.

#### Abbotsford Early Years Centre

Sweeney Neighbourhood Centre 33355 Beven Ave. Ph. 778.880.8554 www.abbyearlyyears.com



# What's New

## **StrongStart Re-Open!**

A free, early learning program for children (ages 0-5 years) accompanied by a parent or caregiver. StrongStart offers preschool aged children, quality early learning experiences and offers play opportunities, while demonstrating to parents and caregivers how they can enhance their child's development. The emphasis of the program is on learning through play, language and positive social interactions.





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