

## Parent & Caregiver Tips

Use these suggestions to get the most out of your experience in a StrongStart BC program:

- Introduce yourself to the StrongStart BC facilitator and help your child introduce themselves.
- Sign in every day.
- Allow your child to observe an activity or group experience before participating.
- Help your child learn by experience
- Teach them to help themselves, interact with others independently and create using their own ideas.
- Only offer assistance or instruction when necessary, like when your child uses something for the first time or needs help resolving a conflict.
- Offer to write down your child's words to describe the pictures they create.
- Ask your child open ended questions about their experiences.
- Acknowledge your child's effort and offer encouragement frequently – especially after a disappointment.
- Relax, learn and have fun with your child and other families.

*StrongStart Centres are created through an agreement between school districts and the Ministry of Education. For more information on StrongStart or early learning visit the website at <https://curriculum.abbyschools.ca/>*



*We gratefully acknowledge the financial contribution of the Province of British Columbia through the Ministry of Education.*



### MORE QUESTIONS?

Contact:

Abbotsford School District's Early Learning Department

Donna Wright

[Donna.wright@abbyschools.ca](mailto:Donna.wright@abbyschools.ca)

Or Curriculum Department

604-504-4612



## Early Learning Programs Abbotsford

**\*Nature Thursday**  
(check individual school websites for meet up location)



**These drop-in, early-learning programs are free for pre-school aged children accompanied by a parent or caregiver.**



## Locations and Hours of Operation

### STRONG START

**Alexander Elementary**

2250 Lobban Road  
Monday – Friday 8:30am – 11:15am

**Blue Jay Elementary**

30995 Southern Drive  
Monday – Friday 8:30am – 11:15am

**Clearbrook Elementary**

3614 Clearbrook Road  
Monday – Friday 8:30am - 11:30am

**Dormick Park Elementary**

32161 Dormick Avenue  
Monday – Friday 8:30am - 11:30am

**Dr. T.A. Swift Elementary**

34800 Mierau Avenue  
Monday – Friday 8:30am – 11:30am

**Godson Elementary**

33130 Bevan Avenue  
Monday – Friday 8:30am – 11:30am

**Harry Sayers Elementary**

31321 Blueridge Drive  
Mon/Wed/Fri 8:45 am – 11:45am  
Tues/Thurs 10:30am – 1:30 pm

**Jackson Elementary**

33165 King Road  
Monday – Friday 12:30pm – 3:15pm

**John Maclure Elementary**

2990 Oriole Crescent  
Monday – Friday 11:00am – 2:00pm

**Margaret Stenersen Elementary**

3060 Old Clayburn Road  
Monday – Friday 8:45am – 11:45am

**Sweeney Neighbourhood Centre**

33355 Bevan Way  
Monday – Friday 8:45 - 11:45am

**Ten-Broeck Elementary**

2580 Stanley Street  
Monday – Friday 8:30am - 11:30am

**Terry Fox Elementary**

3071 Babich Road  
Monday – Friday 12:30pm – 3:15pm

### JUST B4

A licensed preschool program for children who are 3-4 years old is offered at 2 locations in Abbotsford, Dormick Park Elementary and Godson Elementary. More information can be found at

<https://www.abbyearlyyears.com/>

Check for information on which programs are running on Pro D days and school holidays

<https://curriculum.abbyearlyyears.ca/early-learning/strongstart>

Early Years Website

<https://www.abbyearlyyears.com/news-publications/important-dates-strong-start-programs>



### Emémel Spá:th – Little Bears

Emémel Spá:th is a parent and child participation program with an indigenous focus. Games, crafts, stories, and song will be shared by an Indigenous Support Worker and StrongStart Facilitator.

Tuesdays & Thursdays 1:00-3:00pm  
Sweeney Neighbourhood Centre

### Communicable Disease Protocols

For the safety of StrongStart facilitators and families the following changes have been made:

- MAX of 20 participants per site (please try to limit 1 adult per family)
- Enhanced hand washing and cleaning