

# Community Education Service



Workshops



Courses



Groups

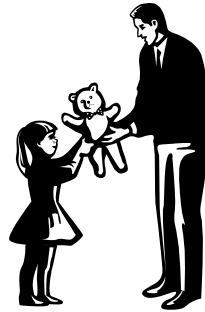
Abbotsford Early Childhood Committee



MAKE Children First



McMaster Children's Hospital



## summer2010

Welcome to the Workshops, Courses and Groups flyer for Summer 2010. This flyer is a quick, up-to-date listing of workshops, courses and groups for families and children that are happening in Abbotsford between June - August 2010.

This flyer will help you learn new skills to meet the every-day challenges that face families today. These courses are offered by many services and agencies in our community and all are free of charge unless there is a fee mentioned. The flyer is organized by the age of your child. Each listing has information about times and locations, and most have a telephone number for further information. If you have questions about a particular listing, please call that contact number first.

WORKSHOPS AND COURSES FOR EXPECTANT PARENTS

WORKSHOPS AND COURSES FOR PARENTS OF 0-6 YEAR OLDS

WORKSHOPS AND COURSES FOR PARENTS OF 6-12 YEAR OLDS

WORKSHOPS AND COURSES FOR PARENTS OF CHILDREN OF ALL AGES

WORKSHOPS AND COURSES FOR CHILDREN 0-6

WORKSHOPS AND COURSES FOR CHILDREN 6-12

SPECIAL EVENTS



# StrongStart Centres

StrongStart BC Centres offer preschool aged children quality early learning experiences. At no cost to the families these centers offer play based early learning opportunities and demonstrate how to help children develop. These drop-ins are geared towards preschool aged children (0-5) accompanied by their parents/caregivers and are offered in partnership with the Ministry of Education, SD#34, Central Abbotsford Community School, Abbotsford Community Services and Hand in Hand Childcare Society at the following locations:

School	Address	Time	Contact information
Aboriginal Education Centre	3277 Gladwin Road	12:30 - 3:30 Monday - Friday	604-859-1843
Alexander Elementary	2250 Lobban Road	12:15 - 3:15 Monday - Friday	604-853-2221
Clearbrook Elementary	3614 Clearbrook Road	8:30 - 11:30 Monday - Friday	604-859-1843
Dormick Park Elementary	32161 Dormick Avenue	8:30 - 11:30 Monday - Friday	604-853-2221
Dr. T. W. Swift Elementary	34800 mierau Avenue	8:30 - 11:30 Monday - Friday	604-859-1843
Godson Elementary	33130 Bevan Avenue	8:30 - 11:30 Monday - Friday	604-853-2221
Harry Sayers Elementary	31321 Blueridge Drive	8:30 - 11:30 Monday - Friday	604-859-1843
John Maclure Elementary	2990 Oriole Crescent	8:35 - 11:35 Monday - Friday	604-859-1843
Margaret Stenersen Elementary	3060 Old Clayburn Road	9:00 - 12:00 Monday - Friday	604-859-1843
Ten-Broeck Elementary	2580 Stanley Street	8:30 - 11:30 Mon/Wed/Fri 11:10 - 2:10 Tues/Thurs	604-859-1843
Terry Fox Elementary	3071 Babich Road	11:15 - 2:15 Monday - Friday *Closed every 3rd Friday to open Saturday 9:30 - 12:30	604-859-1843

**For more information please contact the providers at the numbers listed above**



WORKSHOPS AND COURSES FOR  
Community Education Service  
Abbotsford Early Childhood Committee

2 offered for prenatal courses

Summer 2010 Course Schedule  
604-852-1236

[www.abbyearlyyears.com](http://www.abbyearlyyears.com)

<p><b>Best for Babies Group Drop in</b> Abbotsford Community Services</p>	<p>every Wednesday for pregnant women <b>3:00 pm to 5:00 pm</b></p> <p><u>and</u></p> <p>every Thursday for new parents <b>3:00 pm to 5:00 pm</b></p> <p>Abbotsford Community Services, Room 202, Old Court House 2420 Montrose Avenue</p>	<p>Support Group for pregnant women during pregnancy and up to 6 months postpartum. Provides nutritious meal, guest speakers/activity and a chance to meet other women. Child care provided. Learn about prenatal and postpartum topics such as breastfeeding, labour, parenting, car seat safety and more. <i>Call 604-859-7681, local 288 to register or drop by.</i></p>
<p><b>Prenatal Classes/Pregnancy</b> Abbotsford Health Unit</p>	<p><b>Please call for dates and time of next course</b> Abbotsford Health Unit 104-34194 Marshall Road</p>	<p>Welcome Baby-evening series, weekend prenatal, prenatal-in-a-day. <i>For more information or to register call (604) 864-3400</i></p>
<p><b>Baby's Best Chance Handbook</b> Abbotsford Health Unit</p>	<p><b>8:30 am to 4:30 pm</b> Abbotsford Health Unit 104-34194 Marshall Road</p>	<p>FREE Ministry of Health handbook for parents available when you pre-register at Abbotsford Regional Hospital. Excellent prenatal, postpartum and infant care information. <i>For more information call (604) 864-3400 or pre-register at Abbotsford Regional Hospital</i></p>
<p><b>Right Start Prenatal</b> Abbotsford Health Unit</p>	<p>Please call for dates and time of next course Abbotsford Health Unit 104-34194 Marshall Road</p>	<p>A series of free daytime (Tues. 3 – 5) prenatal classes offered by Abbotsford Public Health for women who would benefit from extra support and information. There are 4 classes in each series covering the topics of labour and delivery and care and feeding of the newborn. To register call Marlene, Gail or Kristin at 604-864-3400.</p>
<p><b>Postpartum Wellness Program-English and S. Asian</b> Abbotsford Community Services</p>	<p>every Wednesday 12:30 pm to 2:00 pm <b>Abbotsford Community Services Old Couthouse Building Rm 101</b> 33780 Laurel Street</p>	<p>Postpartum Wellness offers support to women experiencing symptoms of postpartum depression/anxiety. This weekly postpartum support group is led by trained facilitators who provide a safe place for women to receive valuable information and emotional support from other women. <i>For more information please call 859-7681, local 288 (English PPD) or 604 308 8216 (S. Asian PPPD).</i></p>

<p><b>Parent Project</b> Abbotsford Community Services</p>	<p>Starting July 20, 2010  9:30 am to 12:15 pm <b>Abbotsford Community Services</b> Family Education Program 2420 Montrose Avenue</p>	<p>An intensive experiential parenting class for parents of preschool age children. Child care, transportation and two healthy snacks are provided. <i>To register and for more information, please call 604-859-7681 Yvonne local 220 Lise local 242 Elizabeth local 245 Janice local 767</i></p>
<p><b>Monday Community Drop-in Program</b> Abbotsford Community Services</p>	<p>every Monday  <b>9:00 am to 11:15 am</b> Abbotsford Community Services Old Courthouse Building Rm 200 33780 Laurel Street  <i>Note: Family Centre will be closed Aug 16-27, 2010.</i></p>	<p>A parent and child program that provides opportunities for children to interact with others while developing social skills. Parents benefit from meeting other parents and sharing information and support. We welcome all parents/caregivers with children 0-6 years of age. <i>For more information contact Family Centre at 604-859-7681 local 266.</i></p>
<p><b>Wednesday Morning Community Drop-in Program</b> Abbotsford Community Services</p>	<p>every Wednesday  <b>9:00 am to 11:15 am</b> Abbotsford Community Services Old Courthouse Building Rm 200 33780 Laurel Street  <i>Note: Family Centre will be closed Aug 16-27, 2010.</i></p>	<p>This is the place to connect with other parents and their children from our community. There are three rooms set up where participants can enjoy songs, stories, free play, art and snack time. We welcome all parents/caregivers with children 0-6 years of age. Free transportation available. <i>For more information please call Family Centre at (604) 859-7681 local 266.</i></p>
<p><b>Prevent Baby Tooth Decay -Fluoride Varnish Program</b> Abbotsford Health Unit</p>	<p>every Tuesday  <b>9:00 am to 4:00 pm</b> Abbotsford Health Unit 104 - 34194 Marshall Road</p>	<p>For children 4 years old or younger who do not have a dentist for regular prevention care. The goal of the program is to help prevent early childhood tooth decay in young children. Clinics are held weekly at the Abbotsford Health Unit. Parents or legal guardian must attend with the child. <i>Please call the Abbotsford Health Unit for more information and ask for the Dental Program at 604-864-3400.</i></p>

<p><b>Drop-in for Single Mothers of Preschoolers</b> Abbotsford Open Door</p>	<p>every Tuesday</p> <p><b>9:45 am to 12:30 pm</b></p> <p>Bakerview MB Church 2285 Clearbrook Rd.</p>	<p>The Open Door is an organization supporting single moms of preschoolers. We offer a variety of activities for the moms and their children at no charge. These include speakers, crafts, outings, and games. After a full course lunch, we have an optional Bible study. Tues. mornings 9:45 am - 12 :30 pm at Bakerview Church. Program runs until June and begins again in Sept.</p> <p><i>To register drop in on a Tuesday morning at 9:45 am or call 859-4611 for more information.. (Program for Mom's with preschoolers -age 0-5 yr)</i></p>
<p><b>My Daddy and Me</b> Abbotsford Community Services</p>	<p>every Saturday</p> <p><b>9:00 am to 11:00 am</b> New Beginnings Daycare <i>(sign says Tweenie and Toddler Daycare)</i> 2329 Crescent Way Abbotsford</p>	<p>Free Saturday morning Breakfast Drop-In For Community Fathers with children 0-6. Breakfast at 9:00 – play goes on until 11:00. Come for the food, stay for the fun . . . and have fun in the process. If you're a Dad with young kids . . . or soon will be . . . this is worth checking out.</p> <p><i>For more information contact Ed Friesen at 778-878-8020 or Email ed@abbydads.ca or check out www.abbydads.ca</i></p>
<p><b>Breastfeeding Clinic</b> Abbotsford Health Unit</p>	<p><b>1:00 pm to 3:00 pm</b></p> <p>Abbotsford Health Unit 104-34194 Marshall Road</p>	<p>A Public health nurse is available to address breastfeeding concerns and can assist 1:1 with latch and positioning..</p> <p><i>For more information please call Abbotsford Health Unit at (604) 864-3400</i></p>
<p><b>Precious Baby Drop-in Program</b> Abbotsford Community Services</p>	<p>every Tuesday</p> <p>9:30 am to 10:30 am <b>Abbotsford Community Services Old Couthouse Building Rm 200</b> 33780 Laurel Street</p> <p><i>Note: Family Centre will be closed Aug 16-27, 2010.</i></p>	<p>A drop in program for parents and babies newborn - 1 year of age. Each week brings new topics related to the development of babies 1st year. A facilitator will be in attendance to offer suggestions, answer questions and provide access to a variety of resources.</p> <p><i>For more information contact Family Centre at (604) 859-7681 local 266.</i></p>

<p><b>Breast Milk Bank</b> Abbotsford Health Unit</p>	<p><b>9:30 am to 3:30 pm</b>  Abbotsford Health Unit 104-34194 Marshall Road</p>	<p>Abbotsford Health Unit is a depot for the BC Women's &amp; Children's Hospital Milk Bank. <i>To donate or inquire call the health unit (604) 864-3400 or BCCH (604) 875-2282 and leave a message; your call will be returned in 1-2 weeks</i></p>
<p><b>Toddler Time Drop-in Program</b> Abbotsford Community Services</p>	<p>every Tuesday  10:45 am to 11:45 am <b>Abbotsford Community Services Old Courthouse Building Rm 200</b> 33780 Laurel Street  <i>Note: Family Centre will be closed Aug 16-27, 2010.</i></p>	<p>A drop in program for parents with children 0-3 years of age. A smaller drop-in setting for younger children to develop social skills while making new friends. A great introduction for young children into a group setting.  <i>For more information contact Family Centre (604) 859-7681 local 266.</i></p>
<p><b>Educational Resource</b> Abbotsford Fire Rescue</p>	<p><b>9:00 am to 4:30 pm</b> Fire Hall 1 George Ferguson Way</p>	<p>For Preschools &amp; Licensed Daycares, this is a FREE Fire Safety Education Kit for teaching impressionable 3 – 5 year olds about fire safety. Through the use of a video, a fire fighter is brought into the preschool to teach young children the basics of fire prevention and how to respond to specific fire situations. <i>Fire Safety Preschool Kits are accessible, free of charge, and available for 1 – 2 weeks. Contact Michelle Jackson at 604-864-5627.</i></p>
<p><b>Precious Baby Drop-in Program – Clearbrook Site</b> Abbotsford Community Services</p>	<p>every Wednesday  9:30 am to 10:30 am <b>Clearbrook Elementary - Portable</b> 3614 Clearbrook Road  This drop in will operate from Feb 10 – June 23, 2010</p>	<p>A drop in program for parents and babies newborn - 1 year of age. Each week brings new topics related to the development of babies 1st year. A facilitator will be in attendance to offer suggestions, answer questions and provide access to a variety of resources.  <i>For more information contact Family Centre at (604) 859-7681 local 266.</i></p>

<p><b>Toddler Time Drop-in Program – Clearbrook Site</b> Abbotsford Community Services</p>	<p>Every Wednesday  10:45 am to 11:45 am <b>Clearbrook Elementary - Portable</b> 3614 Clearbrook Road  This drop in will operate from Feb 10 – June 23, 2010</p>	<p>A drop in program for parents with children 0-3 years of age. A smaller drop-in setting for younger children to develop social skills while making new friends. A great introduction for young children into a group setting. <i>For more information contact Family Centre (604) 859-7681 local 266.</i></p>
<p><b>I Got You Babe</b> Abbotsford Community Services</p>	<p>Session #1 – July 8 - 29  <b>9:30 am to 10:30 am</b> <b>Abbotsford Community Services Old Courthouse Building Rm. 200</b>  <i>Note: Family Centre will be closed Aug 16-27, 2010.</i></p>	<p>During these 5 week classes parents will have the opportunity to learn interactive play techniques with their children 6 - 23 months that enhance bonding and language development using verse and rhyme. Registration begins Monday June 7. <i>For more information contact Family Centre at (604) 859-7681 local 266.</i></p>
<p><b>Thursday Drop In Family Storytime</b> Fraser Valley Regional Library</p>	<p>Thursdays  <b>10:30 am to 11:00 am</b> Clearbrook Library 32320 George Ferguson Way</p>	<p>No Registration required. A half hour of stories, songs, rhymes and fingerplays aimed at children ages 2-5. Parents and caregivers are encouraged to join in and have fun too!. Thursdays May 27-June 24,2010 <i>Call 604-859-7814 for more information</i></p>
<p><b>Mumble Jumble Storytime</b> Fraser Valley Regional Library</p>	<p>every Thursday 10:30 am to 11:00 am <b>Clearbrook Library</b> 32320 George Ferguson Way</p>	<p>Every Thursday morning in July at 10:30 am. (July 8, 15, 22, 29) Ages 2-5. A little bit of this and a little bit of that: stories, singing, dancing, puppets—whatever is fun! Join us as we do whatever we want to do...because it's summer and it's Thursday! <i>For more information, call 604-859-7814.</i></p>
<p><b>How Does Your Garden Grow?</b> Fraser Valley Regional Library</p>	<p>every Thursday 1:30 pm to 2:30 pm <b>Mount Lehman Library</b> 5875 Mt. Lehman Road</p>	<p>Ages 4-10. Have fun learning about how a garden grows. Kids will help tend a small vegetable garden for the summer in an organic community garden. June 3rd is planting day. There will be stories, crafts, and time to dig in the garden each week. Thursdays, June 3-August 26 <i>Children must be accompanied by an adult. Call 604-856-4988 for more info.</i></p>

WORKSHOPS AND COURSES FOR PARENTS OF CHILDREN 6-12

<p><b>Parenting Through the Elementary School Years</b> Abbotsford Community Services</p>	<p>Starting July 7, 2010 9:30 am to 12:00 pm <b>Family Education, Abbotsford Community Services</b> 2420 Montrose Avenue</p>	<p>Parenting at each stage of a child's development changes and comes with it's own set of joys and challenges. Together we will gain new tools and discuss how to better navigate those elementary school age years. <i>For registration please call The Family Education Program of Abbotsford Community Services 604-859-7681 Yvonne ext. 220 Lise ext. 242 Elizabeth ext. 245 Janice ext. 767</i></p>
<p><b>Dad's &amp; Kids at Play</b></p>	<p>Mondays 6:00 pm – 7:30 pm  Abbotsford Recreation Centre 34690 Old Yale Rd.  Tuesdays 6:30 pm – 8:00 pm  Ag Rec Building 32470 Haida Drive</p>	<p>A drop in play group for fathers and their children ages 5-12. Activities include obstacle courses, games and more! The group is a partnership between Abbotsford Parks and Recreation, and the Father Involvement Program at Abbotsford Community Services. <b>There is a fee for this service.</b> Cost is \$2.85 per child and the accompanying adult is free.  For more information call Jeff at 604-613-3487.</p>

**WORKSHOPS AND COURSES FOR PARENTS OF CHILDREN OF ALL AGES**

<p><b>P.A.C.T Parents and Children Together Program</b> Abbotsford Community Services</p>	<p>1:00 pm to 4:00 pm <b>Adult Education and Parenting Abbotsford Community Services and Harry Sayers School</b> 33780 Laurel St  <u>or</u> every Monday 12:00 pm to 3:00 pm <b>Godson Elementary</b>  <u>or</u> September 06, 2007. 6:00 pm to 9:00 pm <b>Adult Education Only Harry Sayers Elementary 31321 Blueridge Drive Abbotsford</b></p>	<p>An FREE adult education and upgrading program that provides adults and parents with the opportunity to finish high school, improve English language skills and reading and writing skills. Includes adult education, parenting and childcare. <i>For more information contact Virginia at (604) 859-7681 local 267</i></p>
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<p><b>Raising Securely Attached Children</b> Abbotsford Community Services</p>	<p>June 14, 2010 9:30 am to 11:30 am <b>The Family Education Program, Abbotsford Community Services</b> 2420 Montrose Avenue</p>	<p>This course teaches why Secure Attachment is so important and what we can do to help build secure attachment for our children. <i>To register for this course, please call The Family Education Program of Abbotsford Community Services at 604-859-7681 Yvonne ext. 220, Lise ext. 242, Elizabeth ext. 245 or Janice ext. 767</i></p>
<p><b>Youth Fire Setting Intervention Program</b> Abbotsford Fire Rescue</p>	<p><b>8:30 am to 4:30 pm</b> Fire Hall 1 George Ferguson Way</p>	<p>When a child or teen's natural interest turns to experimentation, the potential for disaster exists. If your child is playing with fire, please call us so we can help you address this common situation. <i>Our Youth Fire Setting Intervention Program can make a difference. Call 604-853-3566.</i></p>
<p><b>Free Car Seat Checks</b> Abbotsford Fire Rescue</p>	<p><b>9:00 am to 12:00 pm</b> Fire Hall 1 George Ferguson Way</p>	<p>To assist Parents with the installation of their Car Seat. <i>Offered Tuesdays 9 am - 12 noon by appointment only. Contact 604-853-3566.</i></p>
<p><b>Ongoing Child Care Related Topics</b> Child Care Resource &amp; Referral</p>	<p><b>Please call for upcoming dates and times</b> Simon Ave Professionals Building 100-32475 Simon Ave</p>	<p>The Abbotsford Child Care Resource and Referral Program assists families seeking childcare placements in the community through referrals, consultations, support and resources. <i>Please call for more information at 604-850-7934</i></p>
<p><b>Parent Support Circles</b> Parent Support Circle</p>	<p>every Wednesday  <b>7:00 pm to 8:30 pm</b> Abbotsford</p>	<p>Stressed out with parenting? Parent Support Circles are confidential self-help support groups that meet weekly and are FREE. Learn about normal child development and healthy parenting practices. Child-care and transportation subsidies are available. <i>For more information on circles in your area, please call 1-800-665-6880 or visit our website at <a href="http://www.parentsupportbc.ca">www.parentsupportbc.ca</a></i></p>
<p><b>Post-Partum Depression &amp; Anxiety Support</b> Abbotsford Health Unit</p>	<p><b>8:30 am to 4:30 am</b> Abbotsford Health Unit 104-34194 Marshall Road</p>	<p>Public Health Nurses offer screening, listening visits, education and support. <i>For more information please call (604) 864-3400</i></p>
<p><b>Nutrition Information</b> Abbotsford Health Unit</p>	<p><i>Call toll free 1-800-667-3438</i></p>	<p>FREE nutrition info line funded by BC Ministry of Health Services. A registered dietician will answer your general and medical nutrition questions on diabetes, allergies, heart health, healthy eating, infant nutrition, pregnancy, vegetarian etc. <i>Call toll free 1-800-667-3438</i></p>

<p><b>The FORCE</b> Ministry of Children &amp; Family Development</p>	<p>1st Monday of each month  <b>7:00 pm to 9:00 pm</b> Fraser Valley Child Development Centre 109-32885 Ventura Ave</p>	<p>FORCE is a parent support group for families that have a child/ren with mental health concerns. The FORCE's mission is to promote and influence change in intervention and equality of care in children's mental health. The vision is that all families receive the appropriate care, support and resources needed for their children's mental health. Offers support, education, advocacy and navigation for families. <i>For more information please visit the website at <a href="http://www.bckidsmentalhealth.org">www.bckidsmentalhealth.org</a> or call 1-800-661-2121. You can also email: <a href="mailto:abbotsfordforce@yahoo.com">abbotsfordforce@yahoo.com</a> and someone will get back to you within approximately seven business days.</i></p>
<p><b>Duty Nurse</b> Abbotsford Health Unit</p>	<p><b>9:30 am to 3:30 pm</b> Abbotsford Health Unit 104-34194 Marshall Road</p>	<p>You can talk to a public health nurse about general health questions and advice including baby care, infant feeding, vaccinations, post-partum depression, sexually transmitted infections, flu, tuberculosis, school health, etc. <i>Call (604) 864-3400 to speak with the duty nurse or drop in to the health unit from 9:30-3:30 to see the duty nurse.</i></p>
<p><b>Child and Adult Immunization Clinics</b> Abbotsford Health Unit</p>	<p><b>9:30 am to 3:30 pm</b> Abbotsford Health Unit 104-34194 Marshall Road</p>	<p>Telephone the health unit early to make an appointment for immunization for yourself or your baby. Infant vaccines start at 2 months of age. We have clinics Monday-Friday. <i>Call (604) 864-3400 to book an appointment</i></p>
<p><b>BC Nurse Line</b> Abbotsford Health Unit</p>	<p>Telephone Support</p>	<p>Health Information and advice offered in over 140 languages. You may call toll-free and speak with a Registered Nurse available 24 hours a day 7 days a week. <i>Call 811 or visit the web site at <a href="http://www.bchealthguide.org">www.bchealthguide.org</a></i></p>

WORKSHOPS AND COURSES FOR CHILDREN 0 -6

<p><b>Summer Preschool Play Camp</b> Central Abbotsford Community School</p>	<p>Starting July 5, 2010 9:30 am to 11:30 am <b>Abbotsford Middle School</b> 33231 bevan Ave Abbotsford or July 12, 2010. 9:30 am to 11:30 am <b>Abbotsford Middle School</b> or July 19, 2010. 9:30 am to 11:30 am <b>Abbotsford Middle School</b> or July 26, 2010. 9:30 am to 11:30 am <b>Abbotsford Middle School</b></p>	<p>Your preschooler will be kept busy with free play, art, circle time, games &amp; activities. There will be a different theme for each week. For ages 3 - 5. <b>There is a fee for this service. To register call 604-853-2221</b></p>
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WORKSHOPS AND COURSES FOR CHILDREN 6-12

<p><b>How Does Your Garden Grow?</b> Fraser Valley Regional Library</p>	<p>every Thursday 1:30 pm to 2:30 pm <b>Mount Lehman Library</b> 5875 Mt. Lehman Road</p>	<p>Ages 4-10. Have fun learning about how a garden grows. Kids will help tend a small vegetable garden for the summer in an organic community garden. June 3rd is planting day. There will be stories, crafts, and time to dig in the garden each week. Thursdays, June 3-August 26 <i>Children must be accompanied by an adult. Call 604-856-4988 for more info.</i></p>
<p><b>Art Extravaganza</b> Central Abbotsford Community School</p>	<p>July 19, 2010 10:00 am to 12:00 pm <b>Abbotsford Middle School</b> 33231 Bevan Ave</p>	<p>This week your child will be able to use their creativity by exploring different mediums of art. Campers will practice drawing, painting, sculpture and many different types of crafts. No experience necessary, just a artistic spirit! For ages 6-9 &amp; 10-13. <b>There is a fee for this service. To register call 604-853-2221</b></p>

<p><b>Little Chefs</b> Central Abbotsford Community School</p>	<p>Starting July 26 2010  10:30 am to 12:00pm <b>Abbotsford Middle School</b> 33231 Bevan Ave</p>	<p>In this introductory cooking and baking class, children will learn the basics of working in the kitchen, practicing measuring, kitchen safety and food preparation during each class, and of course enjoying their delicious treats. Ages 7-9. <b>There is a fee for this service</b> To register call 604-853-2221</p>
<p><b>Preteen X-Treme</b> West Abbotsford Community School</p>	<p>every Monday <b>6:00 pm to 8:00 pm</b> John Maclure Community School Gym 2990 Oriole Crescent  <u>and</u>  every Wednesday <b>6:00 pm to 8:00 pm</b> John Maclure Community School <u>and</u>  every Saturday <b>6:00 pm to 8:00 pm</b> Colleen &amp; Gordie Howe Middle School</p>	<p>Preteen X-treme is a <b>free</b>, recreational, drop-in program for children in grades 4 - 7 that provides a place for youth to have fun in a safe and friendly environment. <i>For more information, call Greg at 604-859-6919.</i></p>
<p><b>Starr Archery</b> West Abbotsford Community School</p>	<p>every Friday  <b>6:00 pm to 8:00 pm</b> John Maclure Community School Gym 2990 Oriole Crescent</p>	<p>Starr Archery is the newest club at John Maclure Community School for children grades 4 and up. Come learn how to fire a regulation bow and arrow with skill and precision! <b>There is a fee for this service</b> <i>For more information, call JMCSS at 604-859-6919.</i></p>

Special Events

<p><b>Summer Reading Club for Kids!</b> Fraser Valley Regional Library</p>	<p>All Summer Long!!!  10:00 am to 5:00 pm  <b>Clearbrook Library, MSA Centennial Library, and Mt. Lehman Library</b></p>	<p>Kids! Pick up a free reading record and bookmark when you join the 2010 Summer Reading Club. You can collect stickers and earn a special Summer Reading Club medal when you complete your reading records by reading during the summer. Lots of prize giveaways! <i>Call 604-859-7814 for more information</i></p>
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<p><b>Teen Summer Reading Club</b> Fraser Valley Regional Library</p>	<p>All Summer Long!!! 10:00 am to 5:00 pm <b>Clearbrook Library, MSA Centennial Library, and Mt. Lehman Library</b></p>	<p>Teens have their own reading records, contests, and prizes! Read during the summer and enter for a chance to win fabulous prizes like camcorders, cameras, and even a laptop computer! There's also an ONLINE Teen Reading Club featuring blogs, chat areas, book lists, forums and <i>For more information call 604-859-7814</i></p>
<p><b>Magic Show - The Great Smartini</b> Fraser Valley Regional Library</p>	<p>July 5, 2010 10:30 am to 11:15 am <b>Clearbrook Library</b> 32320 George Ferguson Way</p>	<p>What could be better than magic, music and monkeys? This year's Summer Reading Club rocks with The Great Smartini and his trusty side kick Coconut the Talking Chimp. You'd have to be bananas to miss this kind of zany magical fun. This high-energy show also features the magical talents of 11-year-old Hannah Christensen. Come prepared to have big fun at this family friendly event. <i>For more information, call 604-859-7814.</i></p>
<p><b>Magic Show - The Great Smartini</b> Fraser Valley Regional Library</p>	<p>July 7, 2010 1:30 pm to 2:15 pm <b>Mount Lehman Library</b> 5875 Mt. Lehman Road</p>	<p>What could be better than magic, music and monkeys? This year's Summer Reading Club rocks with The Great Smartini and his trusty side kick Coconut the Talking Chimp. You'd have to be bananas to miss this kind of zany magical fun. This high-energy show also features the magical talents of 11-year-old Hannah Christensen. Come prepared to have big fun at this family friendly event. <i>For more information, call 604-856-4988.</i></p>

<p><b>Magic Show - The Great Smartini</b> Fraser Valley Regional Library</p>	<p>July 15, 2010 3:00 pm to 3:45 pm <b>MSA Centennial Library</b> 33660 South Fraser Way</p>	<p>What could be better than magic, music and monkeys? This year's Summer Reading Club rocks with The Great Smartini and his trusty side kick Coconut the Talking Chimp. You'd have to be bananas to miss this kind of zany magical fun. This high-energy show also features the magical talents of 11-year-old Hannah Christensen. Come prepared to have big fun at this family friendly event. <i>Call 604-853-1753 for more information.</i></p>
<p><b>The Summer Bash!</b> Fraser Valley Regional Library</p>	<p>July 17, 2010 12:00 pm to 3:00 pm <b>Clearbrook Library</b> 32320 George Ferguson Way</p>	<p>All Ages. It's Summer! Let's celebrate! It's a party with music, puppets, sidewalk chalk, bubbles, parachute games, and other summer surprises! Check out your summer books and sign up for the Summer Reading Club if you haven't yet. <i>For more information call 604-859-7814.</i></p>
<p><b>Mad Science</b> Fraser Valley Regional Library</p>	<p>July 20, 2010 10:00 am to 10:45 am <b>MSA Centennial Library</b> 33660 South Fraser Way</p>	<p>Mad Science shows amaze and entertain young audiences in unique ways. Shows are exciting performances that demonstrate just how much fun science can be. Help Egbert get into his home, explore the concepts of lift and heat. Watch dry ice fog storms, taste a CO2 burp, and even have a bubble shower. Back by popular demand, Mad Science is great fun for one and all. <i>Call 604-853-1753 for more information.</i></p>
<p><b>Kitchen Science</b> Fraser Valley Regional Library</p>	<p>July 20, 2010 12:30 pm to 1:30 pm <b>Mount Lehman Library</b> 5875 Mt. Lehman Road</p>	<p>Ages 6-12. Weird and wacky science experiments that you can do at home! Everything from volcanoes to building a mouse-sized hovercraft. <i>Registration required (at Mount Lehman Library) by Sunday, July 11. Call 604-856-4988 for more info.</i></p>

<p><b>Mad Science</b> Fraser Valley Regional Library</p>	<p>July 27, 2010 3:30 pm to 4:15 pm <b>Clearbrook Library</b> 32320 George Ferguson Way</p>	<p>Mad Science shows amaze and entertain young audiences in unique ways. Shows are exciting performances that demonstrate just how much fun science can be. Help Eggbert get into his home, explore the concepts of lift and heat. Watch dry ice fog storms, taste a CO2 burp, and even have a bubble shower. Back by popular demand, Mad Science is great fun for one and all. <i>Call 604-859-7814 for more information.</i></p>
<p><b>Pajama Puppet Picnics</b> Fraser Valley Regional Library</p>	<p>July 28, 2010 And August 25, 2010  7:00 pm to 7:30 pm <b>Clearbrook Library</b> 32320 George Ferguson Way</p>	<p>No registration. Children ages 2-7. Come in pajamas, bring a blanket, and join in the OUTDOOR fun of puppet shows, songs/dancing, and fun under the setting sun. (If it rains we'll have an indoor picnic!) Wednesday, July 28, 7:00 pm &amp; Wednesday, August 25, 7:00 pm <i>For more information call 604-859-7814.</i></p>
<p><b>Super Weirdo</b> Fraser Valley Regional Library</p>	<p>August 5, 2010 10:00 am to 10:45 am <b>MSA Centennial Library</b> 33660 South Fraser Way</p>	<p>Super Weirdo's "Super Weird Show" is a hilarious comedy juggling show with lots of audience participation. Filled with weird and wonderful tricks, Super Weirdo uses crystal balls, a tennis racquet, and even a 6-foot ladder as just few of his performance props. This crazy, family-oriented show is not to be missed! <i>Call 604-853-1753 for more information.</i></p>
<p><b>Super Weirdo</b> Fraser Valley Regional Library</p>	<p>August 11, 2010 1:00 pm to 1:45 pm <b>Clearbrook Library</b> 32320 George Ferguson Way</p>	<p>Super Weirdo's "Super Weird Show" is a hilarious comedy juggling show with lots of audience participation. Filled with weird and wonderful tricks, Super Weirdo uses crystal balls, a tennis racquet, and even a 6-foot ladder as just few of his performance props. This crazy, family-oriented show is not to be missed! <i>Call 604-859-7814 for more information.</i></p>

<p><b>Teens and Tweens Pizza and Games</b> Fraser Valley Regional Library</p>	<p>August 14, 2010 1:00 pm to 3:00 pm <b>Clearbrook Library</b> 32320 George Ferguson Way</p>	<p>Ages 9 - 19. The Friends of the Library invite all TEENS &amp; TWEENS to an afternoon of cards, board games, giveaways, and PIZZA! <i>Please register by August 10 at the Clearbrook Library. Call 604-859-7814 for more information.</i></p>
<p><b>Clearbrook Pet Parade</b> Fraser Valley Regional Library</p>	<p>August 16, 2010 2:00 pm to 3:00 pm <b>Clearbrook Library</b> 32320 George Ferguson Way</p>	<p>Show off your favourite stuffed animal in our PARADE! Bring your special "stuffie" for a treat of stories, games and fun! Each stuffie will leave happy! Great for children and stuffies of all ages. Please join us for this fun, outdoor (weather permitting) adventure! <i>Call 604-859-7814 for more information.</i></p>
<p><b>Musician Will Stroet</b> Fraser Valley Regional Library</p>	<p>August 25, 2010 1:00 pm to 1:45 pm <b>Clearbrook Library</b> 32320 George Ferguson Way</p>	<p>It's party time, and children's musician Will Stroet winds up Summer Reading Club performing original, high-energy and interactive music in English and French. Will imparts positive messages about active living and the environment through upbeat and memorable songs. Since 2006, Will has performed more than 300 shows to thousands of enthusiastic children and was recently nominated for "Best Children's Recording" by the Western Canadian Music Awards. <i>For more information, call 604-859-7814.</i></p>

Printing and distribution of this flyer has been made possible by support from:

				
<p>Abbotsford Early Childhood Committee</p>	<p>Success by Six – United Way of the Fraser Valley</p>	<p>Make Children First</p>	<p>School District #34</p>	<p>McMaster Children's Hospital</p>

**The Abbotsford Early Childhood Committee, (AECC), is a group of dedicated individuals and organizations passionate about enhancing support and resources for children age 0-6 and their families in our community.**

**The “Early Years” (prenatal to age 6) are extremely important. The kind of nurturing and attention that children receive in early childhood has a major impact on the rest of their lives. Researchers have found the early years of development, from birth to age six, affect learning, behaviour and health throughout life.**

**Our Vision: Abbotsford’s families and children 0 to 6 are healthy, safe and secure, successful learners, and socially engaged and responsible.**

**Our MISSION: the AECC is a catalyst for building family and community capacity in strengthening the health and well being of children.**

Our **PURPOSE** is to:

- **Promote partnerships and collaboration among community organizations, agencies, individuals, and businesses**
- **Contribute to the design of a community action plan**
- **Guide the development of project activities for which funding is received (Understanding The Early Years, Make Children First Initiative)**
- **Plan, promote, and implement educational and awareness initiatives**
- **Identify resources – formal and informal**
- **Provide support for the projects, such as materials, facilities, facilitators, speakers, according to capacity of committee**
- **Provide support and suggestions, and open doors for funding to work towards sustainability**
- **Participate in the evaluation of the projects and evaluation of individual initiatives**

You can reach us at 604-852-1236 or by email at [earlyyears@uwfv.bc.ca](mailto:earlyyears@uwfv.bc.ca)

**[www.abbyearlyyears.com](http://www.abbyearlyyears.com)**